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your appointments

date	time	treatment therapist



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"the charm of a woodland road lies not only in it's beauty but in anticipation. Around each bend may be a discovery, an adventure"

DALE REX COMAN



our story

a secret spa hidden within the lush rural woodland and idyllic backdrop of this historic estate. we offer a bespoke collection of head to toe treatments designed with intricacy by creator Jenna. each treatment will take you on a journey of new experiences, experiences that deliver a sensory

experiences, experiences that deliver a sensory awakening, engaging your mind, body and soul. no fine detail overlooked; no stone left unturned. here, we have re-written the very definition of calm and relaxation... the beautiful in between on arrival, your experience + what to expect from your spellbinding journey ARRIVAL | we would love you to benefit from the full experience without feeling rushed or stressed, so please arrive at least 15 minutes before your treatment time. come in, say hello and let your mind begin to unwind.

DURING | now you're here, you will be guided to our secret hideaway where you will be welcomed by your therapist. whilst you enjoy a welcome treat, the details of your treatment will be carefully explained and you will be introduced to all the wonderful products about to be used.

AFTER | don't rush, gradually reawaken, when you are ready you will float back to the hideaway where you will enjoy enchanting refreshments. in a world of rushing; relax and take your time here for as long as you wish. the spa works with the seasons altering subtly throughout the year so be sure to come and see us again soon...

fingers + toes

signature loft manicure 60mins | 35.00 file + cuticle tidy, exfoliate, hand + arm massage, polish to finish

ultimate loft manicure 75mins | 48.00 signature manicure plus hydrating mask + heated mitts, followed by neck + shoulder massage to relieve tension

signature loft pedicure 60mins | 35.00 file + cuticle tidy, skin buff, exfoliate, foot + leg massage, polish to finish

ultimate loft pedicure 75mins | 48.00 signature pedicure plus hydrating mask + heated booties, followed by neck + shoulder massage to relieve tension {upgrade any manicure or pedicure to gel polish | 10.00}

> gel polish only fingers or toes | 25.00 builder gel | 30.00 | builder gel infill | 25.00 builder gel infill + new colour | 35.00 gel polish removal + reapply fingers or toes | 30.00 shape + paint fingers or toes | 15.00 gel removal only | 5.00

manicure botanica

an exclusive manicure designed for loft. enjoy all the benefits of our signature manicure but with an added floral element. we capture the botanical + natural ambience of our spa setting by encapsulating pressed flowers into your gel nail finish. perfect for brides who want to capture the essence of their day with this beautifully delicate detail {also available as a pedicure}



"enchantment is the oldest form of medicine" $$\sf CARL\ JUNG\]$$

for your eyes
lash + brow tint 20.00
lash tint 15.00
brow tint 10.00
lash tint, brow tint + wax 25.00

lashes

semi permanent lash extensions | glue test required 24 hrs before treatment full set volume 90mins 60.00 full set classic 90mins 45.00

volume infill 2-3 wks 30mins 35.00 volume infill 3-4 wks 60mins 45.00

classic infill 2-3 wks 30mins 25.00 classic infill 3-4 wks 60mins 35.00

s h e a r i n g
hair removal using hot + warm wax
lip or chin 10.00
lip + chin 15.00
brows 12.00
half arm 20.00
full arm 25.00
underarm 12.00
bikini 16.00
brazilian or hollywood 28.00
half leg 22.00
full leg 26.00
half leg + bikini 35.00
full leg + bikini 38.00



the alchemist professional spray tanning full body 28.00 half body 18.00

exfoliate and moisturise 24hrs before your treatment

spellbinding massage 'you choose' hot oil massage 25mins | 35.00 you select:

back, neck + shoulder | foot + leg | hand + arm | neck + scalp or combine any together for a more indulgent treatment full body hot oil massage 55mins | 60.00

> hot stone back, neck + shoulder 25mins | 40.00 hot stone full body 55mins | 65.00

we can also offer double face + body treatments where you can be treated simultaneously, contact us for more details + to book

the facial of facials

...laying on our heated beds, snuggled beneath the sheets, listening to the sounds of the woodland outside... begin with our essential oil foot cleanse, followed by a bespoke facial; incooperating the ancient art of gua sha + our signature clay masks {to detox and decongest; for glowing, plumper, hydrated skin} includes a tranquility scalp massage. complete the experience with seasonal wellness tea and nibbles in the snug 75mins | 70.00

m a m a

designed especially for mamas to be

the pregnancy glow facial 55mins | 60.00

enhance pregnancies natural glow and immerse yourself in
this indulgent facial. deep double cleanse, exfoliate, massage
to the shoulder, neck + face, tailor made mask (enjoy either a
foot + leg or hand + arm massage during mask) and hot

steaming towel ritual to finish

the comforter massage 55mins | 60.00 a full body warm oil massage. feel nurtured and cosy on our heated bed, snuggled with our pregnancy pillow whilst we massage away all those aches + pains

a kindred spirit 90min | 95.00 the ultimate escape. beginning with a full body warm oil massage, followed by 25min inner glow facial with deep cleanse, exfoliate, massage, mask + hot towel ritual. finishing in front of the fire for our signature pedicure

most of our treatments can be adapted to enjoy during pregnancy just let us know if there is something else you like the sound of. all mama treatments are designed from 12 weeks of pregnancy onwards

CAUDALIE face

caudalie was founded in 1995 when mathilde and bertrand thomas, the founders of caudalie, had a chance encounter with dr. vercauteren, professor at the university of pharmacy, bordeaux, and the world's leading expert on grape and grapevine polyphenols. on the vineyards of the château smith haut lafitte in bordeaux, the professor noticed the leftover skins and seeds of the grapes from the harvest and explained to the couple that the polyphenols in the grape and grapevines had extraordinary anti-oxidant powers and that grape seed is the most powerful antioxidant created by nature. caudalie's technology and innovation have made them one of the world's top skincare brands, whilst uniquely remaining a 100% independent family owned business.

EXPRESS D-VINE FACIAL | 25MINS | 35.00

instant radiance hoost

express facial for a burst of radiance in just 30 minutes. after a deep cleansing to exfoliate the skin, the application of a mask immediately boosts radiance. your skin looks rested and your complexion's radiance is restored.

VINOSOURCE ANTI-OXIDANT | 55MINS | 50.00

moisturising | soothing

a skin-renewing treatment to deeply moisturise the skin. this treatment starts with a gentle cleansing of the skin. a massage with fresh grapes followed by a recovery essential oil massage soothes dryness. the application of an intensely moisturising mask, and our vinosource products restore moisture levels for a healthy and glowing appearance.

VINOPERFECT RADIANCE FACIAL | 55MINS | 60.00

radiance | anti-dark spots

the ideal treatment for skin lacking radiance and luminosity or troublesome dark spots or pigmentation. after skin is gently cleansed, a bespoke massage with essential oils and small hot and cold basalt stones stimulates your skin's radiance. the deep-action peeling mask awakens the luminosity of your complexion. caudalie's vinoperfect collection adds the finishing touch to this treatment, leaving you looking rested and radiant and over time reduction in dark spots and eventually complete recovery (depending on severity and type)

RESVERATROL LIFT FACIAL | 55MINS | 70.00

firming | anti-wrinkle

specially created for skin that lacks vitality and firmness. after, skin is gently cleansed, a stimulating massage visibly firms and redefines the contours of your face. the application of a warming mask enhances the lifting effect of caudalie's resveratrol lift products. the firming and lifting effects are immediate, your face is resculpted and radiant with youth.

BEAUTY ELIXIR | 55MINS | 65.00

burst of radiance | smoothing

this treatment is a unique combination of relaxing breathing and massage techniques using beauty elixir, one of caudalie's cult skincare heroes. through the use of misting and gentle pressure, this massage without oil boosts micro-circulation from the face to the décolleté, for an instant boost of radiance. the face is rested, the complexion is fresh and glowing with health.

CAUDALIE body

CRUSHED CABERNET SCRUB & TREAT | 55MINS |65.00

relaxing | slimming

The most popular scrub from our Vinothérapie Spas. It contains grape-seeds, honey, brown sugar and 6 essential oils which will leave your skin radiant and perfectly smooth. The sculpting body treatment, together with Caudalie's Contouring Concentrate smoothes cellulite and reshapes your body. This is an ideal treatment for a slimming program or before exposure

DIVINE BODY TREATMENT | 55MINS | 65.00

relaxing

a relaxing body massage featuring our award winning divine oil, a combination of 4 exceptional plant oils. your skin will be luxuriously softened, moisturised and wrapped in a delicate floral fragrance; a blend of roses, grapefruit, pink pepper, vanilla, cedar and white musk.

FLEUR DE VIGNE MASSAGE | 55MINS | 70.00

indulgent candle massage

this massage is a signature caudalie massage, under the glow of the soft light of a massage candle that melts into warm oil, delicately scented with fleur de vigne (grape blossom), enjoy a unique & relaxing experience where all your senses will be indulged. Tension will be relieved & you will regain your

WINEMAKERS MASSAGE | 55MINS |70.00

deep / invigorating

An invigorating deep bamboo massage to work deep into the muscles to relieve tension

This intense massage is Caudalie's signature treatment that recreates the ritualistic steps of the wine-making process on the body, transforming the grapes into wine as the stress of the body is transformed into energy. This treatment alternates techniques using bare hands, pressure on the energy paths and a heated wine maker's stick to deeply relieve muscular tension and energise. No area of the body is overlooked from the tips of your fingers to the bottoms of your feet, you will leave bursting with energy.

Caudalie treatment courses

3 treatments purchased = -10% 6 treatments purchased = -20% 10 treatment purchased = -25% xclusively on caudalie treatments

"nurturing yourself is not selfish - it is essential for your survival and wellbeing"

RENEE PETERSON TRUDEAU

mr loft treatments for men the full acre 90mins | 92.00 this perfect all-in-one treatment includes head, shoulder + neck massage, invigorating facial, relaxing foot + hand massage, finishes with a nail trim + buff

the 'backwood' barber - a mans facial 60mins | 60.00 inspired by the traditional barber techniques this highly effective facial includes, steaming towels, back, neck + shoulder massage with a hydrating cleansing facial

'man'icure 45mins | 25.00 pedicure 45mins | 28.00

brow tidy | 10.00 nose (+ear) hair tidy | 10.00 back or chest wax | 20.00 cyclist's leg wax | 25.00

eat + drink in the spa

upgrade any visit and enjoy food and drink in the snug, just let us know when you book {complimentary teas, coffees, infused water + biscuits always served on every visit)

fizz | 4.95 per glass

mini slate | 4.95 pp seasonal mini sweet + savoury mezze board

> breakfast slate | 6.95 pp pastries + fresh fruit

lunch slates | 7.95 pp seasonal finger sandwiches, crisps, fresh fruit + cake

let us know when you book if you have any specific dietary requirements or allergies we must be notified of food + drink upgrades atleast 48 hours before your booking

the nitty gritty

terms, conditions + how we like to do things at loft

reservations + deposits

due to popularity, it is strongly recommended that you make your appointment in advance, bookings can be made online, by phone or via email. we take full payment on booking for any treatment or spa packages over 1 hour long

cancellation policy

if you require to change or cancel your appointment, we require a minimum of 72 hours notice of your booking or your booking deposit will not be refunded and potential full service cost will be charged. please contact reservations to amend or cancel an appointment

digital detox

we strive to offer our guests a tranquil experience + request that you turn off your mobile phone, digital devices + cameras before entering the spa. however, we know our spa looks beautiful and it is nice to take those memories away with you, so photos can be taken during relaxation with respect of our other guests

age

guests must be atleast 16 years of age to have services at the spa unless accompanied by a parent or guardian. to be advised priot to booking

special accommodations or health concerns

please inform the spa if you need special accommodation or if you have any health concerns that may effect your servcie. we will always try our best to accommodate

gift cards

available to purchase in spa, online, by phone or email. redeemable against spa services only. we can also dispatch out to the recipient

club loft

redeem stamps for every visit to the spa | maximum one stamp per treatment | collect stamps on services only | collect all 20 stamps and receive 50% off any single treatment

no. ordinary. spa.



first edition | January 2022

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